

COGS #2 9th April 2016

Start: from 3pm – rego from 1.45pm

Le Monds style with a COGS difference:

The Course:

Up the **Southern underpass** then turn left into **Radicle**, then right onto fire road before right back into **Pitt St**, then left at next fire road and up into a gentler section of **Auto Alley**, back across fire road and onto **Mata Hari**, across into **Mr Squiggle**, up **Batcave** but take the short turn left onto **Pinot Gringo** and then **Bombora** and onto fire road then left into **Bogs and Logs** before a left out onto fire road and across onto northern underpass onto bike path and then left into **Crazy Crab Walk** to the **Start/Finish** point.

This course does have a few technical sections as well as downhill sections that need to be ridden sensibly within a rider's capability such that we all return home after the race without serious injury. **Triple arrows will be placed indicating the technical sections but please ride within your capabilities as there are no prizes for axing yourself or coming first.**

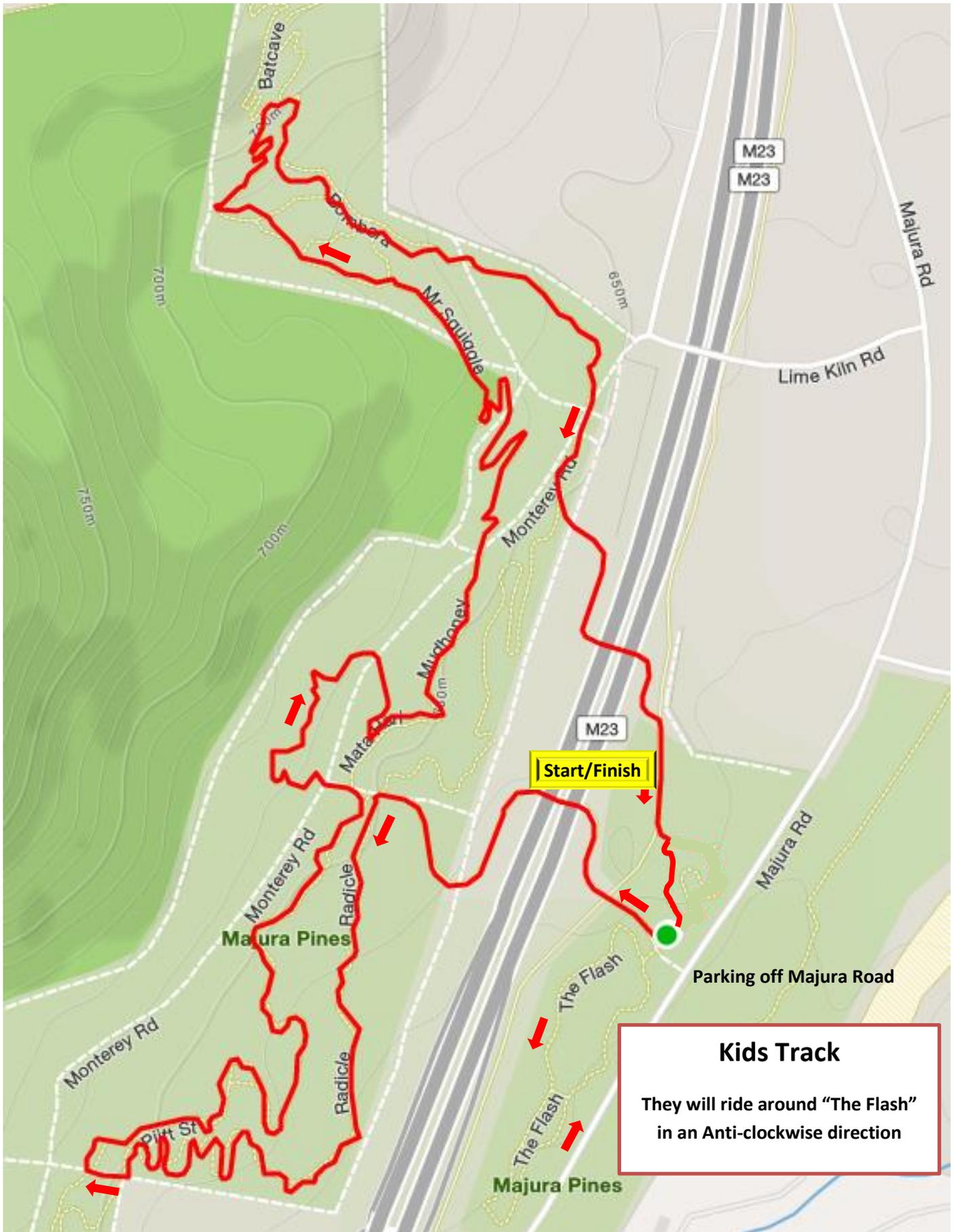
All riders need to ensure that they feel comfortable riding this sort of terrain because this is the type of course that we organisers will be setting during the XC series, hence the 15+ minimum age. There are other races being held catering for mainstream riders with timing (that use to work 😊) which may be better suited to some riders.

KIDS Race:

2.30pm Start – Rego from 1.45pm – Parent helpers welcomed 😊

Anti-clockwise around **"The Flash"**: – Under 5 – 1 lap, Under 8 – 2 laps, Over 8 3 laps. They will also have access to this track, the pump track and the jumps track whilst the adults are racing (under adult supervision of course).

BBQ and drinks afterwards (gold coin donation) with Random number prizes to be given out courtesy of Monkey Wrench Cycles - *not as many as the inaugural race though where every rider received a prize – had to be there* 😊



Kids Track
They will ride around "The Flash"
in an Anti-clockwise direction